

July – September 2025, Volume I (1)



SARASWATI DHARA

A NEWS LETTER OF LBS
GC SARASWATI NAGAR



Phone: 01781-238149

Email: gcsnagar25@rediffmail.com

Website: www.lbsgcsnagar.edu.in

Facebook Page: www.facebook.com/saraswatinagarcollege



Lal Bahadur Shastri Govt. College Saraswati Nagar

Principal's Message



Dr. Poonam Mehta
Principal, LBS Govt.
College Saraswati Nagar

A momentum has been created to strengthen the frame of educational arena by following a focused approach on curriculum expansion and gearing up developmental activities in the college. As educated minds have to face challenges in the global market therefore multifarious events towards personality development have been kept in mind by the dedicated staff members who deserve due appreciation and felicitation for their contribution. I acknowledge the whole hearted support of all the parents and well-wishers without whose help any achievement would have not been possible. This is my considered opinion that a joint responsibility of the parents and

teachers can guide the students to best of their destinations. The future is in the hands of present. It is said that destiny of a nation is shaped in the classroom. So let us work together towards creating a better tomorrow. May almighty bless us all.

Orientation and Counseling of 1st year's Students

4th July 2025

The college organized an Orientation-cum-Counselling Program for first-year students on 4th July 2025. The program aimed to familiarise students with the academic environment, facilities, rules, and opportunities available



in campus. Dr. Monika Raina and Dr. Lok Raj Sharma shared guidance on curriculum, examinations, and co-curricular activities. Counselling sessions were conducted to address adjustment issues, time management, and career planning. Students were encouraged to actively participate in various clubs. The program concluded with an interactive session, ensuring the newcomers felt motivated, confident, and well-prepared for their college journey.

Anti-Drug Pledge

22 July 2025



Anti-Drug Pledge ceremony was organized in the college on 22 July 2025 to create awareness about the harmful effects of drug abuse and to promote a healthy lifestyle among students. Dr. Sumitra Chauhan (Co-ordinator Anti-Drug Cell) addressed the gathering and highlighted the importance of staying away from drugs for a bright future. Faculty members encouraged students to spread the message of a drug-free society. All students collectively took the pledge to never indulge in drugs and to motivate others to follow the same path.



Career counselling Session by JetKing Chandigarh

25 July 2025



As part of the ongoing initiatives under the Career Counseling and Placement Cell of Lal Bahadur Shastri Government Degree College, Saraswati Nagar Sawra, an insightful and motivating lecture was organized for

the students on 25th July, 2025. The session was graced by Mr. Sudhir Kumar Pathania, Center Manager of JetKing, Chandigarh, who addressed the students on career opportunities in the IT and electronics sector. Mr. Pathania shared valuable insights on the current job trends, the importance of skill development, and industry-ready courses offered by vocational training institutes like JetKing. Also an important Memorandum of Understanding (MoU) was signed between Lal Bahadur Shastri Government College Saraswati Nagar and JetKing Chandigarh. This collaborative initiative aims to prepare students for better employment opportunities by providing technical training, skill development and industry-linked education.



Celebration of Sawan Cultural Fest and Pre-Independence Day

01-Aug-2025

On 1st August 2025, the Women Cell, Internal Complaints Committee (ICC), and the Prevention of Sexual Harassment Committee of LBS Government College, Saraswati Nagar, organized a culturally rich and socially significant joint celebration to mark both the traditional Sawan celebration and the upcoming Independence Day. The program was a vibrant display of Indian heritage interwoven with constitutional values of gender equality, civic responsibility, and community participation. This



celebration was conducted under the aegis of outreach activities envisioned in the MoU signed between LBS GDC Saraswati Nagar and PM SHRI Government Model Senior Secondary School, Saraswati Nagar, Sawra, to promote integrated academic and cultural collaboration between higher educational institutions and school-level learners.



International Youth Day and International Anti-Ragging Day

12-Aug-2025

LBS Govt. College Saraswati Nagar celebrated International Youth Day 2025 and Anti Ragging Day on 12th August 2025 with great enthusiasm under the guidance of the Principal, Dr. Poonam Mehta. The event was coordinated by Nodal Officer Dr. Punam Chauhan and Anti-Ragging Committee Convener Dr. Yogita Bandta. The event was organized jointly by the Red Ribbon Club and Anti Ragging Committee. The theme for International Youth Day 2025 – “Youth Empowerment for Sustainable Future” was highlighted through activities such as online quiz and awareness pledges on anti-ragging and HIV/AIDS prevention. Such initiatives help





in strengthening the youth to not only lead healthy lives themselves but also to inspire others in society to adopt safe and responsible practices. The purpose of online quiz competition was to spread awareness among students about the significance of youth in nation-building and social responsibility. Anti-Ragging Committee also conducted Anti-Ragging Pledge and awareness

session through the speeches of Dr. Yogita Bandta and Prof. Preeti Panta and presentation by Dr. Sandeep Thakur.

Independence Day

15-Aug-2025



The Rovers and Rangers Unit, NSS Unit and NCC unit of LBS College proudly took part in the 79th Independence Day celebration on August 15, 2025, showcasing immense enthusiasm and patriotism. The ceremony began with the esteemed Principal, Dr. Poonam Mehta, hoisting the National Flag, followed by a heartfelt rendition of the national anthem sung in unison, which filled the atmosphere with a sense of

pride and unity. A well-organized parade, featuring the NCC and the Rovers and Rangers Unit and NSS, showcased remarkable discipline and dedication. A standout moment of the event was the inspiring speech delivered by Dr. Poonam Mehta. She highlighted the significance of independence and the crucial role of youth in shaping a progressive and inclusive India.



Tree Plantation Drive

12-Aug-2025



Environmental preservation and sustainability are crucial in today's context of global climate challenges. Acknowledging its responsibility toward nature, Lal Bahadur Shastri Government College, Saraswati Nagar, conducted a tree plantation drive in and around its campus in the leadership of Dr. Poonam Mehta (Principal). This event was a collaborative initiative by the college's active student bodies—Rovers and Rangers Unit, National Service Scheme (NSS), National Cadet Corps (NCC), and the Eco Club—to promote ecological consciousness, increase green cover, and instil a sense of environmental stewardship among students. Students planted 50 saplings of Deodar across designated areas

within the campus. The tree plantation drive was a resounding success, both in terms of environmental impact and student engagement.



Fresher's Party

23 Aug 2025



Chief Guest: Dr. Poonam Mehta, Principal of the college

A total of 37 students of the first year, including 25 girls and 12 boys, participated in this Fresher's Day competition. The event was conducted by Ms. Mrinal, Mr. Rohan, Ms. Kanika and Mr. Suraj. The event began with a spectacular ramp walk by the students, in which they presented self-introduction. After this, talent round and traditional wear round were organised. From all the participants, 19 students (12 girls and 7 boys) were selected and the final round was question and answer round, on the basis of which the winners were selected.



Result:

👑 **Miss Fresher: Ms. Aditi**

👑 **Mr. Fresher: Mr. Karthik**

First Runner-up (girls): Ms. Harshita

First Runner-up (boys): Mr. Raman

Miss Personality: Ms. Ravi Baltu

Mr. Personality: Mr. Harsh

Glam Diva: Ms. Divyanshi

Style Icon: Ms. Kashish Nepta



One Day ICT Workshop for Faculty Members

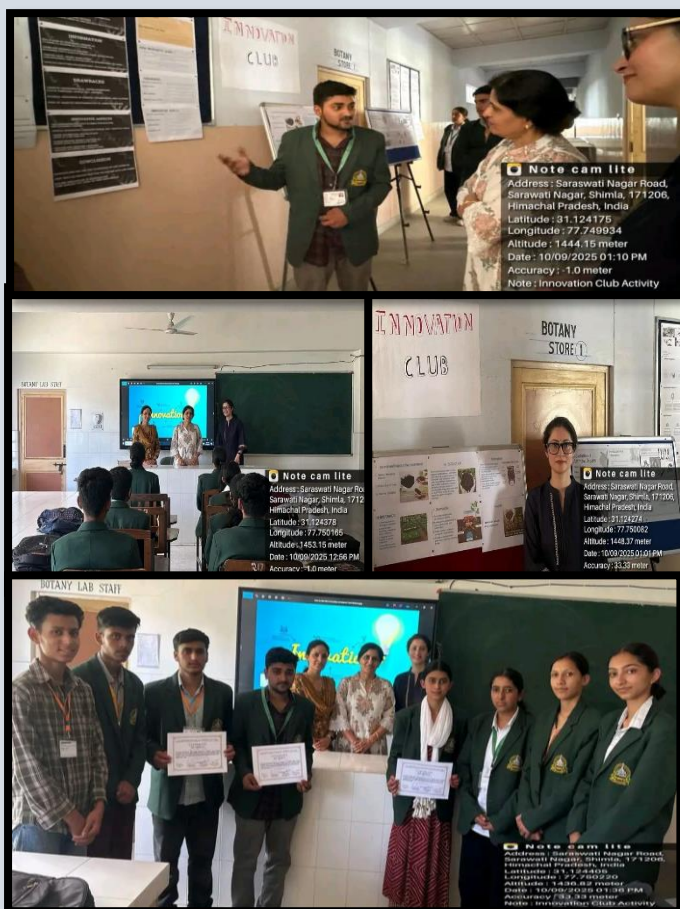
30 Aug 2025



IQAC of LBSGDC organized a ‘One-day ICT Workshop’ for the staff members (teaching & non-teaching) on 30.08.2025. It was conducted by BCA Faculty members (Ms Ranjana, Ms Manu Panatu, Ms Chander Rekha and Mr Vishal) with the objective of enhancing digital skills and promoting the effective use of Information and Communication Technology in academic as well as administrative activities.

Innovation Club Activity

10 Sep 2025



An Initiative by AP Shefali Thanta, Dept of Botany

A competition was conducted under the Innovation Club, in which students of Science Dept were engaged to explore innovations in various fields through the Projects. Best of three projects were selected and were given certificates by Dr Poonam Mehta, Principal LBSGDC

Best three projects were made by-

Rishabh, BSc 1st Year

Abhishek, BSc 1st Year

Mohini, BSc 1st Year

हिंदी दिवस समारोह

13 Sep 2025



लाल बहादुर शास्त्री राजकीय महाविद्यालय, सरस्वती नगर में 13 सितंबर 2025, शनिवार को हिंदी दिवस बड़े हर्षोल्लास के साथ मनाया गया। इस कार्यक्रम का शुभारंभ प्रातः 11:30 बजे हुआ। महाविद्यालय की प्राचार्या डॉ. पूनम मेहता मुख्य अतिथि के रूप में तथा हिंदी विभाग की सेवानिवृत्त प्राध्यापिका डॉ. निर्मला चौहान विशिष्ट अतिथि के रूप में उपस्थित रहीं। कार्यक्रम का आरंभ एवं अतिथियों का स्वागत हिंदी विभाग की अध्यक्ष डॉ. योगिता बन्दटा ने किया।

इस अवसर पर महाविद्यालय में विविध प्रतियोगिताएँ एवं सांस्कृतिक गतिविधियाँ आयोजित की गईं। प्रतियोगिताओं में

भाषण प्रतियोगिता, पोस्टर निर्माण एवं नारा लेखन प्रतियोगिता तथा कथा वाचन प्रतियोगिता सम्मिलित थीं। इसके अतिरिक्त शास्त्रीय नृत्य, शास्त्रीय गीत, लोकनृत्य, लोकगीत एवं कवि सम्मेलन जैसे कार्यक्रम भी प्रस्तुत किए गए।

प्रतियोगिताओं के परिणाम इस प्रकार रहे-

पोस्टर एवं नारा लेखन प्रतियोगिता में प्रथम स्थान प्रिया रमसेठ (स्नातकोत्तर हिंदी तृतीय सत्र), द्वितीय स्थान महक चंदेल (बी.ए. तृतीय वर्ष) तथा तृतीय स्थान प्रिया ठाकुर (बी.ए. तृतीय वर्ष) ने प्राप्त किया।

भाषण प्रतियोगिता में प्रथम स्थान पारस बुशहरी (बी.ए. प्रथम वर्ष), द्वितीय स्थान ओशीन नेपटा (बी.ए. प्रथम वर्ष) तथा तृतीय स्थान निकिता सोनी (बी.ए. प्रथम वर्ष) रहीं।

कथा वाचन प्रतियोगिता में प्रथम स्थान निकिता सोनी (बी.ए. प्रथम वर्ष), द्वितीय स्थान आंचल शर्मा (बी.ए. द्वितीय वर्ष) तथा तृतीय स्थान अमित (बी.ए. तृतीय वर्ष) ने प्राप्त किया।

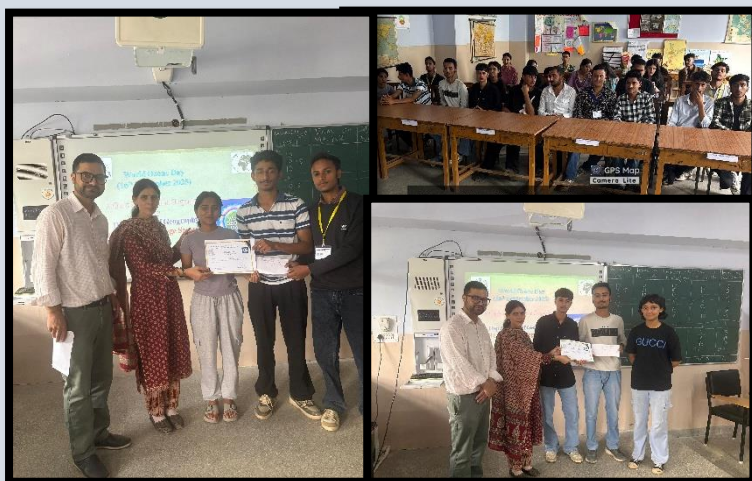
कार्यक्रम के दौरान प्राचार्या डॉ. पूनम मेहता ने हिंदी भाषा की महत्ता पर विस्तृत वक्तव्य प्रस्तुत किया। विशिष्ट अतिथि डॉ. निर्मल चौहान ने भी अपने अनुभव साझा किए तथा हिंदी के संवर्धन एवं संरक्षण पर प्रकाश डाला।

अंत में कार्यक्रम का सफल संचालन एवं धन्यवाद ज्ञापन हिंदी विभाग अध्यक्ष डॉ. योगिता बंदटा द्वारा प्रस्तुत किया गया। राष्ट्रगान के साथ समारोह का औपचारिक समापन हुआ।



World Ozone Day Celebration

16 Sep 2025



The Department of Geography celebrated World Ozone Day 2025 on 16th September with great enthusiasm. To mark the occasion, a Quiz Competition was organized to create awareness about the significance of the ozone layer and environmental protection.



A total of five teams participated in the competition, named after renowned mountains – Mt. Everest, Mt. K2, Mt. Kanchanjunga, Mt. Shilla, and Mt. Gurushikhar. The quiz consisted of multiple rounds focusing on environmental issues, ozone depletion, and geography-related topics.

After a keenly contested event, Team Mt. Everest secured the First Position, Team Mt. Shilla won the Second Position, and Team Mt. K2 achieved the Third Position. The winning teams were awarded cash prizes and certificates for their remarkable performance.

NSS Day Celebrations

24 Sep 2025



The NSS Unit of LBS Government P.G. College, Saraswati Nagar, organized the celebration of NSS Foundation Day. The chief guest of the program was our respected Principal, Dr. Poonam Mehta Ma'am. On this occasion, the NSS Program Officer and volunteers of PM Shri GMSSS Saraswati Nagar were also present with us. The program began at 11:00 AM with the flag hoisting of NSS by our chief guest, Dr. Poonam Mehta Ma'am,

followed by the volunteers saluting the NSS flag while taking the pledge. After this, Program Officer Mr. Pawan Kumar delivered the welcome speech.

Later, the volunteers presented various cultural programs, showcasing their talent and enthusiasm. Following the performances, Program Officer Ms.

Preeti Panta announced the newly selected Main Body of NSS for this year and honored them by presenting badges. With these events and many other activities, the celebration of NSS Foundation Day concluded successfully. All the volunteers participated with great enthusiasm and contributed significantly to making this function a grand success.



English Literary Society Function

26 Sep 2025



The English Literary Society of the college organized its function on 26th September, 2025 with great enthusiasm and active participation from students with the blessings of Dr. Poonam Mehta, Principal of the institution. Event was graced by the Chief Guest, Dr Harshvardhan Khimta, Asst Prof English, CoE College Sanjauli. The event featured a wide range of competitions including Quiz, Debate, Poetry Recitation, Dramatic Monologue, Creative Writing, Short Story Slam, and Book Cover Design. The function

was convened by Dr. Monika Raina, Convener of the English Literary Society, along with society members Prof. Vijay Luxmi and Prof. Priyanka Puharta, who coordinated and guided the proceedings smoothly.

The event witnessed the enthusiastic participation of students from the college as well as from DAV Senior Secondary School Sawra and PM SHRI Govt. Model Senior Secondary School Sawra under MoU, which added to the competitive spirit and literary flavor of the day. Each event reflected the creativity, critical thinking, and expressive abilities of the participants.



World Tourism Day Celebrations

27 Sep 2025



Our college celebrated *World Tourism Day* on 27th September with great zeal and enthusiasm. The event was organized by BVoc. Hospitality & Tourism Dept. to create awareness among students about the significance of tourism in cultural exchange, economic development, and international understanding. The program commenced with a welcome speech by the Principal, who highlighted the importance of sustainable tourism and its role in preserving our heritage. A special seminar was conducted where guest

speakers and faculty members shared their insights on the theme of the year. Students participated actively by presenting charts, posters, and models showcasing famous tourist destinations of India and the world. A cultural program followed, where students performed traditional dances and songs representing different states of India, emphasizing the unity in diversity of our nation. The winners were awarded certificates and prizes. The event concluded with a vote of thanks and a collective pledge to promote eco-friendly travel and respect cultural diversity.



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